



GEOSPORT FOR SOCIETY

Scientific Journal founded in 2014 under aegis of University of Oradea (Romania), University of Debrecen (Hungary), University of Gdansk (Poland)

ISSN 2393-1353

Edited by Oradea University Press
1, University Street, 410087, Oradea, Romania

Journal homepage: <http://gss.webhost.uoradea.ro>



Book review:

TEODOREANU Elena, GACEU Ovidiu, (2013),

Turismul balneoclimatic în România (Balneoclimatic Tourism in Romania),

Editura Universității din Oradea, 228 pag., 58 fig., 15 tab., references, (in Romanian).

This paper presents some of the greatest treasures of Romania, undervalued both national and especially international – air and water valorified in three types of bioclimate determined by the natural layering of the relief (tonic-stimulant, sedative-indifferent and turn-applicant), plus two indoor bioclimates (saline and cave), 11 types of mineral waters, numerous lakes (fresh, brackish and salty), therapeutic mud (mud, minerals and peat), therapeutic gases (pits, Solfatara). From ancient times until present more than 250 resorts have been created, both for local and general interest, and if we take into account locations with balnear conditions, the resorts of balnear interest will exceed 500 and thereby Romania can be a contender to certain countries with traditional tourist basins such as France, Germany, Spain, Italy, Greece etc.

All authors present a rich guide in scientific and practical information useful to students, master and PhD students specialized in this area less promoted and studied in Romanian geographical school, and the general public interested in knowing and using balneary potential of our country. After reading carefully the first 2-9 Chapters, the reader finds that the approach is going far more than the approach of guide by definition, description, methodology and scientific arguments taken from the fields of climatology, hydrology, geography, tourism, medicine. It has a scientific interdisciplinary character and a simple style, clear, concise, making publicly accessible, without affecting the quality of the science of expression, so it requires a work that should not be missing from the home of a nature lover, or hiking and so on, nevertheless for people with different medical conditions or those interested in maintaining physical and mental health, prevention, strengthening and hardening of the body, so the whole society knows that a nation and its people can't withstand, endure and progress in history if not keeping their strength, physical and mental vigor.

The second part of the paperwork is destined for all these categories of tourists, presented in geographic style, respectively all resorts are put into layers that describe natural features, therapeutic factors, conditions that are recommended for, and treatment facilities used for visits, walks, or hiking trips that can be made in the surroundings.

The predominant character is geographic, a consequence of specialisation of its authors, highlighted throughout the book both by synthesizing information and by illustrating them with graphs and processed or original maps.

This paperwork developed by Ovidiu Gaceu and Elena Teodoreanu joins the few books that describe and argue the scientific balneary and therapeutic potential of Romania, although the first beginnings date back to 1930 (Țeposu & Pușcariu, 1932), were continued later in the 1970-1980 by Munteanu et al. (1978), Teleki et al. (1984) and more recently by Teleki & Munteanu (2012) being the first to insist on this type of tourism of natural therapeutic factors, while trying to open a new interdisciplinary research direction - **Balneoclimatic tourism**.

By Grigore HERMAN & Anca POP
